

Security on Steep Ground

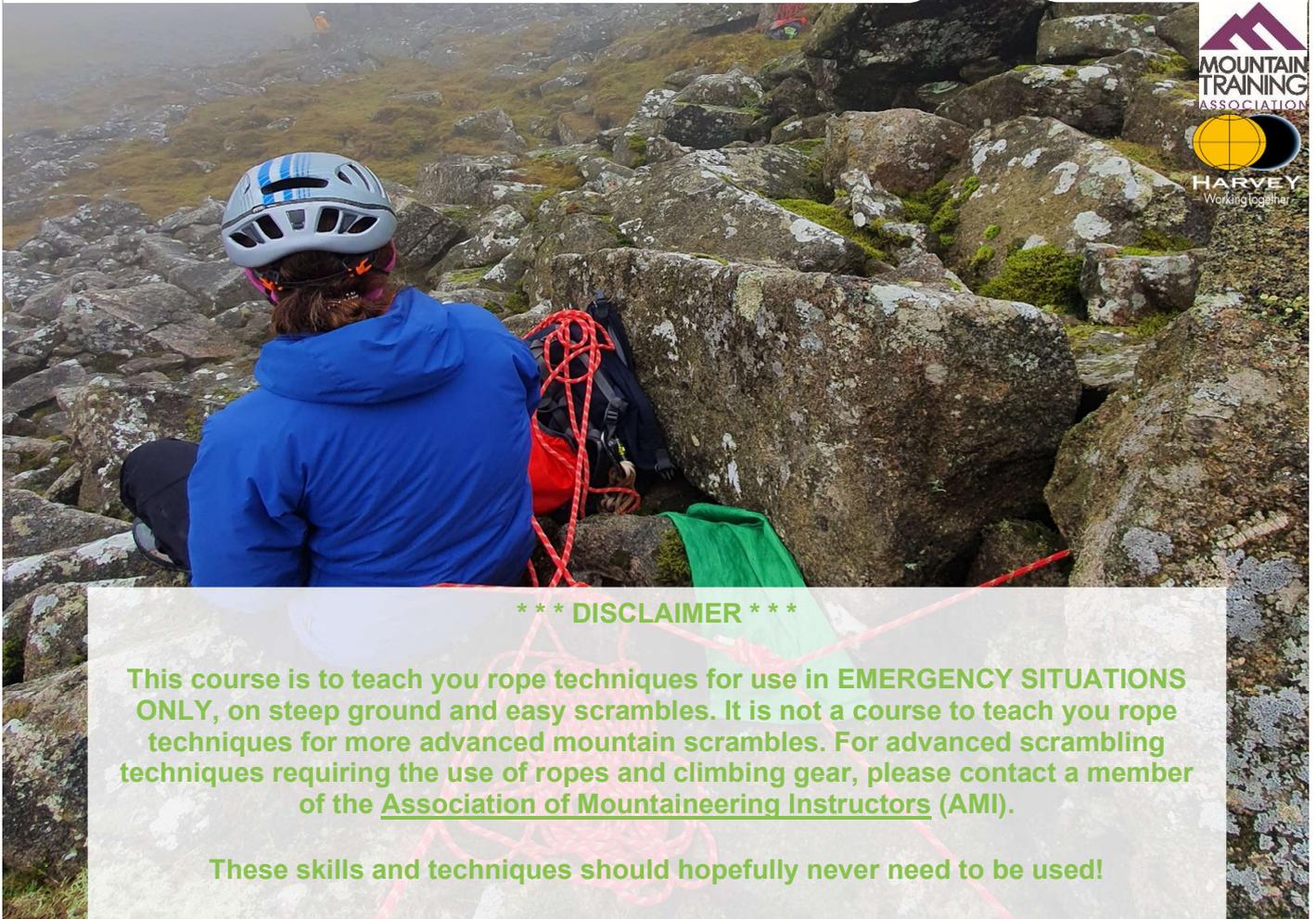


AT THE EDGE MOUNTAINEERING

"Your greatest failure is not to try"



HARVEY
Working Together



*** DISCLAIMER ***

This course is to teach you rope techniques for use in **EMERGENCY SITUATIONS ONLY**, on steep ground and easy scrambles. It is not a course to teach you rope techniques for more advanced mountain scrambles. For advanced scrambling techniques requiring the use of ropes and climbing gear, please contact a member of the Association of Mountaineering Instructors (AMI).

These skills and techniques should hopefully never need to be used!

SECURITY ON STEEPGROUND

This course is ideal for anyone who has experience scrambling on grade 1 terrain and wants to learn rope work for emergency situations, or for someone who is going through the Mountain Leader Award and is preparing for assessment

AIMS:

By the end of this course, you will:

- Be able to use the rope to safeguard yourself and group members in an emergency
- Be able to select suitable anchors to use and attach to them
- Be able to attach yourself and group members to the rope
- Be able to evaluate risks on steep ground

WHERE SHALL I MEET YOU?

(Details specified when booking)

COURSE TIMINGS:

We will meet at 09:00 and hope to be finished by 16:30

BRIEF ITINERARY:

09:00 Meet & Greet
Course intro & briefs
09:45 Prep for walking
10:00 Start our day in the Hill
13:00 Stop for lunch
16:30 Course finish, debrief & Thanks

Head to my FAQ page on my website for more general information

www.attheedgemountaineering.co.uk

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CONTENT:

On this course, we will cover the following:

- Route finding
- Movement over steep ground
- Avoidance
- Spotting
- Confidence roping
- Emergency rope work in ascent and descent
- Anchor selection
- Tying into the rope

MAPS/BOOKS/RESOURCES

(Specific maps will be specified when booking)

- Harvey Maps - Superwalker XT25
- Ordnance Survey Map - Explorer 1:25 000 scale
- 'Hill Walking' – Steve Long

MORE DETAILS

We will meet in a café in the morning where we will go through some theory behind steep ground and the techniques needed to safeguard you and a group.

We will then take a short drive to our practical location, usually followed by a short walk in. We will spend the remainder of the day on steep ground learning and practicing security on steep ground skills and techniques.

PREVIOUS EXPERIENCE

You will either have experience on Grade 1 Scrambles and wanting to learn advanced techniques to get you out of trouble

OR

You are either considering attending a Mountain Leader training course or preparing for assessment.

WHAT'S INCLUDED

At The Edge Mountaineering will provide the following:

- Ropes (30m)
- Helmets

However, feel free to bring your own if you have them.

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